

# A CAPTAIN'S GUIDE

The League considers hospitality a very important aspect of our game. Please note the following Regulation 7e) – first named teams are expected to offer pre-match hospitality where possible. **POST MATCH HOSPITALITY IS ALWAYS EXPECTED**

The following are either mandatory or recommended actions covering League matches

## BEFORE THE GAME - the captain MUST:

## REGULATION

1. Make sure she is aware of the EH Code of Ethics and Behaviour 5a
2. Make sure that all intended players are correctly registered 5b\*\*
3. Make sure the umpire *officiating on behalf of her team* is both qualified and correctly listed 8a\*\*
4. Make sure all players are wearing their correct number. If wearing a different number to their Registered number this must be indicated on the Match Report Form. 6a
5. Make sure all players are wearing correct uniform:
  - a) Goalkeeper with helmet
  - b) Other players with skirt and, if worn, cycling shorts of the same colour as the skirt6a, b
6. Provide both umpires with a numbered team list. 7b
7. Provide at least 2 suitable match balls if you are the home team.

## DURING THE GAME – the captain MUST:

## RULES OF HOCKEY

1. Wear a distinctive armband. 3.3
2. Be responsible for the behaviour of all her squad of players. 3.4

## AFTER THE GAME – the captain MUST:

## REGULATION

1. Enter her team legibly in **BLOCK CAPITALS** and **NUMERICAL ORDER** on the Match Report Form. 12d\*\*
2. Enter her umpire's name in **BLOCK CAPITALS** in the space provided. (Umpires should complete the result and Goals Scored boxes, enter any cards awarded and sign the form). 12d\*\*
3. Sign the match report form
4. Give the report book/report form to the opposing captain to complete as in (1), (2) and (3). Allow the opposition to take a copy/photo of the match report for their records.
5. Both team captains must enter the result on the website [www.wcwhl.co.uk](http://www.wcwhl.co.uk) before 8.00 pm on the day of the match. 10a\*\*
6. If you are the home team you should send the WHITE copy of the Match Report Form to the appropriate secretary, to arrive no later than the Thursday following the match. It is acceptable for you to send a legible Match Report Form electronically or send it by post. 10c, d\*\*
7. Make sure the opponents know where refreshments will be provided and how to get there.

## ACTIONS MARKED \*\* WILL RESULT IN A FINE IF NOT COMPLIED WITH

Fill this space with the name and address of your Regional Secretary

Name:

Address:

Phone: